

LIMITLESS ABUNDANCE

*3 Steps To Living A Life
Full Of Abundance*

ZOEY KNIGHTLEY

Copyright © 2015 Success Vantage Group Pte Ltd.

All rights reserved.

Published by Zoey Knightley.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopied, recorded, scanned, or otherwise, except as permitted under Canadian copyright law, without the prior written permission of the author.

Notes to the Reader:

While the author and publisher of this book have made reasonable efforts to ensure the accuracy and timeliness of the information contained herein, the author and publisher assume no liability with respect to losses or damages caused, or alleged to be caused, by any reliance on any information contained herein and disclaim any and all warranties, expressed or implied, as to the accuracy or reliability of said information.

The publisher and the author make no representations or warranties with respect to the accuracy or completeness of the contents of this work and specifically disclaim all warranties. The advice and strategies contained herein may not be suitable for every situation. It is the complete responsibility of the reader to ensure they are adhering to all local, regional and national laws.

This publication is designed to provide accurate and authoritative information in regard to the subject matter covered. It is sold with the understanding that neither the author nor the publisher is engaged in rendering professional services. If legal, accounting, medical, psychological, or any other expert assistance is required, the services of a competent professional should be sought.

The words contained in this text which are believed to be trademarked, service marked, or to otherwise hold proprietary rights have been designated as such by the use of initial capitalization. Inclusion, exclusion, or definition of a word or term is not intended to affect, or to express judgment upon the validity of legal status of any proprietary right which may be claimed for a specific word or term.

The fact that an organization or website is referred to in this work as a citation and/or potential source of further information does not mean that the author or publisher endorses the information the organization or website may provide or the recommendations it may make. Further, readers should be aware that the websites listed in this work may have changed or disappeared between when this work was written and when it is read.

Individual results may vary.

Contents

THE 3 STEPS TO LIVING A LIFE FULL OF ABUNDANCE.....	4
STEP 1: EXPECT NOTHING BUT SUCCESS	5
Action Steps: Know What You Really Want	7
STEP 2: PREPARE FOR WHAT YOU EXPECT	8
Action Steps: Get Ready For Wealth.....	10
STEP 3: ACCEPT THAT ADVERSITY IS A LESSON, NOT PUNISHMENT	11
Action Steps:.....	13

THE 3 STEPS TO LIVING A LIFE FULL OF ABUNDANCE

Everyone wants to live a life of abundance. Who hasn't fantasized about a life filled with abundant money, love, health, or success?

I'm sure at some point in your life, you've wondered what life would be like as a millionaire. Or to have the kind of fairytale romance you've so often heard or read about. Or simply, to find true happiness in life. Yet you hear so many stories about how people have tried and failed in their attempts to live the life that they so often desire. Why do they fail?

The most obvious answer is simply this: They don't know what to do.

They don't know the first step that they need to take in order to have the kind of life that they desire. That's why we're sharing this special report with you, to show you the 3 steps you need to take before you can live a life full of abundance.

We could have named this "Three LEAPS" to Living a Life Full of Abundance, because these steps, carefully put into place, will take you and your life several leaps forward. Still, it can be daunting to think about doing something so big as leaping forward in life, so we will do it the way we eat an elephant: one bite at a time! We suggest that you carefully work through the steps, taking time over each one, without rushing to "get done". That way you will get the maximum benefit.



STEP 1: EXPECT NOTHING BUT SUCCESS

There's an old saying: "Be careful what you wish for--you may get it!" In fact, most people get exactly what they wish for. They get what they are anticipating. Anticipation is like a deep, inner wish--a looking forward with expectation.

Yet for some reason, people sabotage their own success by wallowing around in the muddy waters of their own worst expectations: "I'll never make it," "I'm too old," "They won't want me," "Success is for others--not for me," "I don't have what it takes," "It'll never fly," and so on. If you think like this, you are anticipating, you are almost wishing for that very outcome, and the universe, like a genie in a bottle, will grant you your wish and give you what you are anticipating.

The universe is made up of energy, and if you are creating this kind of negative, defeatist energy around yourself, you will experience exactly that. What you should be doing is setting yourself up to anticipate the success that is coming to you. Anticipate winning. Anticipate finding avenues to success. Anticipate succeeding, and you will have the verve and the positive energy to go ahead and succeed! It isn't magic. It's logic.

Any time you say, "I can't do it; it's hopeless," obviously, it becomes hopeless and you won't be able to do it, because you are so numbed by despair and a "give up" spirit. So arm yourself with the mental tool of anticipating success. Feel that positive stimulation when you anticipate success? Why shouldn't success come to you? A universe of abundance is waiting to bestow its gifts on you.

Anticipating success energizes you to take positive action toward its achievement. After all, why do anything at all if you don't think you will succeed at it? Why get up in the morning? Because you have to? Because you are alive? No, because you anticipate that today will bring some things worth having. Today will bring some success, and success is worth making effort toward.



If you anticipate success, you will make that phone call, send that email, post that blog, approach that person, attend that networking event, set up that interview, make that sale, or write that contract in favorable terms. Why? Because it's going to turn out well! You are charged up to take effective action when you anticipate success, and your efforts will be rewarded. You will attract success like a magnet.

Deep inside, many of us have a fear of failure, so we fail to try. We fulfill our own negative prophecy. Or we do things half-heartedly because we are listening to those cancerous old thoughts of fearing what might happen, thinking, "But what if such and such happens? What if? What if?" when we think like that, we sabotage our own efforts at success.

In a recent Forbes report, only 8% of people who set New Year's resolutions actually achieve them. By thinking, "What if?" and fearing the worst, you're actually sending out a message to the universe that you want the worst to happen, because it's the foremost thought in your mind. So what's the solution? Simple. Keep success at the forefront of your mind and [tell the universe you expect nothing but success](#).

Sometimes we fearfully repeat the same old actions that have brought the same old results because at least we know what will happen then--the same old failure! Once we begin to anticipate success, though, there's is no reason not to change things up a bit and do things differently and with enthusiasm. Why not experiment when success is going to be the outcome? Why not take a little risk? Why not step off the beaten path just a little? Success lies ahead, so we can take those chances and, as the old saying goes, "Nothing ventured, nothing gained."

When we zero in on negative expectations, usually based on bad experiences from the past, they have a way of coming true. Instead of zeroing in on the past like a homing pigeon, let's look forward to a future of success, expecting the best. Why not? People who are more successful than you are not smarter, better, superior, wiser, grander, or any different than you are. The main difference is that their minds are set to attract success, and yours hasn't been. Until now!



Action Steps: Know What You Really Want

Take a moment to reflect honestly on the following questions:

- What does success look like for me?
- What areas of my life need ramping up or outright transformation?
- What steps do I need to take in those areas to move toward the success I envision?
- What does my heart tell me I should do?
- What would a big break look like in my life?
- How can I jump start that big break taking place?

STEP 2: PREPARE FOR WHAT YOU EXPECT

Since you are going to get what you wish for, and you are beginning to anticipate success, you need to be ready to receive it when it comes. We've all heard of those lottery winners who achieved what so many people's dream of--they bought the winning ticket and came into a lot of money!

Yet so many of them wound up right back where they were before they won the lottery, because that was the only way they knew how to be. They did not know how to be wealthy, so they lost their wealth. Many of them went bankrupt after winning millions of dollars--or wound up back in the same old beat-up, run-down trailer they started out from! They weren't ready to receive or manage their wealth, so it left them right back where they started from.

You must learn to receive wealth by learning how wealth accumulates. Knowledge is power. For example, Albert Einstein said that compound interest was a miracle! Learn to put the miracle of compound interest to work by building up an account that earns high interest. Don't touch the main amount (the principal) and keep reinvesting the interest. Let it snowball. Money making money is a beautiful thing!

Another way to receive wealth is by investing. Investments make money. It is worth your while to study investments. Read about the stock market. Learn about stocks and bonds. Talk to stock brokerage and financial management firms. Look at your assets and begin to figure out ways to leverage them so that they are building wealth for you. If you don't have a lot of money to invest at first, investigate penny stocks or micro-financing. There are opportunities to invest on many levels.

The simplest way to build up money is to pay out less than you take in. That way you will have some left over to invest and save. Live within your income, and use any extra to invest. Through making a budget, figure out ways to increase your income and decrease your expenses, and you will have extra money to plug into investments and savings.



Saving is another important way to prepare to receive wealth. Savings show the universe that you have self-control when it comes to money, and more money will then naturally gravitate toward you. Savings can serve as a cushion in case things go wrong; some of those savings can be invested so that they are earning money for you; other savings can go toward worthy causes and/or be used to accrue interest.

Even without interest, savings tend to multiply. It is as if money attracts more money, or the universe recognizes your desire to have money because you are saving.

Even if you can only add a little to your savings at a time, you will be surprised as how quickly your fund will grow. You will also start noticing new opportunities to save--the bonus at work, the birthday gift money, the inheritance, the auto repair that was less than the amount you budgeted for, thus leaving you with some extra to plug into savings--opportunities to put money away will crop up once you have made it clear that you want to save.

As Suze Ormann says, money comes to those who respect it. One of the most respectful things you can do is to start investing and saving. When you begin to see money as something that you need to respect and put to work for good causes, like a dignified retirement or your children's education, money will gravitate toward you because you are its respectful keeper. You can put away tidy sums in a well-ordered way and show yourself to be a person who can be trusted with wealth.

Learn business strategies to help you be more effective at work or at your own business and to generate more money. Learn from shows like "Shark Tank" or other entrepreneur/small business shows on television. Read business and investment magazines. Read about rich people and how they succeeded. Study their lives, words, attitudes, and advice. Start mentally hanging around with them to develop a wealthy mindset. Learn, learn, learn.

Pay attention to your mind. They say everyone has at least three ideas for a new business every day; we are just not aware of them. As our minds are idle, flipping through the refrigerator looking for a snack, we sometimes get a blinding inspiration about a new product, process, or business.



Your ideas are your treasure trove too, so write them down. They're worth saving! Some of them may be worth acting upon.

Again, money and good fortune come to those who are ready to receive them and use them well. Show money that you are ready to receive, and respect it by treating what wealth you have in wise, sane, well-ordered, and sensible ways. Create some opportunities for money to come to you to be used wisely and respectfully, and more of it will come to you.

The universe knows when you're ready to receive money in your life. By focusing your thoughts on what you desire, the universe will deliver. You just have to know how to [tell the universe you're ready](#) to receive the wealth that you rightfully deserve.

Action Steps: Get Ready For Wealth

- Learn about the power of compound interest
- Live on less than your income by making a budget
- Increase income or decrease spending or both
- Learn about interest, stocks, and bonds
- Create savings for worthy endeavors like your children's education or a dignified retirement for yourself
- Learn, learn, learn about wealth, wealthy people, and wealth management
- Treasure your ideas about making money



STEP 3: ACCEPT THAT ADVERSITY IS A LESSON, NOT PUNISHMENT

Sometimes it happens. Something goes horribly wrong. A relationship you treasured has become toxic or has even broken off. No matter how hard you fought to stay solvent, debt overwhelmed you. The child you doted on grew up to be defiant. Your new exercise machine produced a damaged nerve in your back. Your new product just isn't selling. Someone you loved has died. Your business partner betrayed you. The office was broken into and irreplaceable records lost.

All of us will experience some pain, suffering, disappointment, and loss in our lives. Such things are inevitable. Yet many of us believe that when bad things happen to us, we are being punished for past misdeeds or shortcomings. True, we attract what we focus on. True, our destinies are, to a large extent, in our own hands.

Yet circumstances happen too; other people have free will and they make choices we have no control over. You might have had little to do with the problem you are facing. Surely all the people who suffered losses during Superstorm Sandy or the great and terrible tsunami years back did not bring that upon themselves. Don't shoulder all the blame for the storms that are hitting your life either.

It is especially important not to think that because bad things are happening to you, you should dissolve into self-doubt and uncertainty, beating yourself up because you think you are undeserving of anything but strife. You should not think the universe has turned against you, or that you are a losing pawn in some cosmic chess game.

Not at all. In fact, sometimes adversity is just the universe's way of getting your attention so you can learn important life lessons that will propel you to success once you have overcome it. The universe wants to give you success because you deserve it; there just might be a few things in the way.

You've no doubt heard the saying that nature abhors a vacuum. If there is an empty place, it will be filled, just as wind is a rush of air to fill an empty space. When you go through suffering, a lot gets emptied out: misdirected wishes, vain imaginings, misunderstandings about yourself and others, wrong directions. When you are suffering, what is really important becomes crystal clear. As you empty yourself out through suffering, there is room for something new and wonderful to come in. This is the way the universe works to bring abundance into your life.

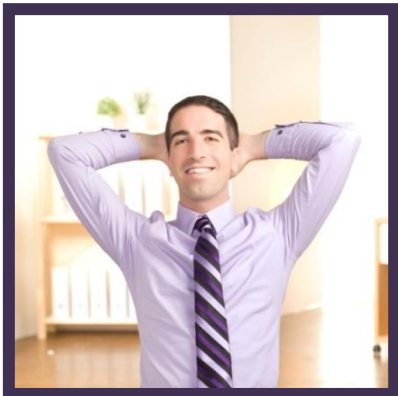
Adversity also forces you to fight, so it builds up your mental and emotional muscles. One man learned to swim because his big brother and friends tossed him into a lake! It was sink or swim! While we don't endorse this method of teaching someone how to swim, it does illustrate the point that sometimes difficulty makes you into the fighter and survivor you would otherwise not have been.

The adaptations you learn through coping with adversity will help you not only survive but flourish. It helps you evolve into a bigger and better person with greater "emotional intelligence" and life skills.

Shakespeare said "sweet are the uses of adversity." That means adversity can sometimes turn out to be a good thing--or at least good can result from it. Overcoming adversity strengthens you so you can take on more responsibility and the bigger blessings that go with that.

Adversity is a great teacher. That's what it's there for. It's not the rod of the universe's anger beating you down. It's there to show you that you might be on the wrong path; it's a way marker. It's sign that you might need to revise your current approach to success or to try new approaches. It is always there to teach you, not to torment you.

Experts are beginning to see that the "grit" attained through overcoming failure is a character quality that can see a person through to success in life. In fact, building resilience through picking up the pieces and soldiering on after a failure will ultimately lead to success.



Being able to bounce back after a setback, being able to keep trying when everything around you seems dark and hopeless--those are character strengths or virtues that can steer you to success in the long run.

When you face difficulties, know that the universe is preparing you for greatness, because no one becomes super successful without the qualities of resilience and persistence that adversity hones in a person's character.

Action Steps:

- Sit down and think about serious problems you have had in the past which is now over. Write down the good habits, insights, practices, or character strengths that came out of it
- Write down your current biggest "problem". Now adjust your perspective. What are some good habits, insights, practices, or character strengths that could come out of coping with it? What can you learn from it?
- Accept that life involves a certain amount of setbacks. Life will throw you curveballs. It's what you do with them that will determine your ultimate reward.
- Accept that adversity is there to teach you, not to torment you.
- Post a list of problems overcome in your life to serve as a source of strength when the going gets rough.

I hope you now have a better understanding of what it takes to live a life of abundance. While the universe plays a part in granting your desires, it all begins with you. Your thoughts are the driving force of what the universe eventually manifests into your life. What you keep at the forefront of your mind is what you're actually asking the universe for.

[Watch this FREE presentation](#) to learn exactly how you should ask the universe to grant you the life you've always wanted.

[Go here now.](#)

Zoey Knightley